

## **BLACK Wellness & Prosperity Center Supports the Black Birthing Bill of Rights**

Developed by the *National Association to Advance Black Birth*

### **Black Birthing Bill of Rights**

**At NAABB we believe that all Black women and persons are entitled to equitable, comprehensive, and quality pre - and postpartum care** in order to achieve their full birthing potential and thrive during the childbearing years. The Black Birthing Bill of Rights serves as a **resource for individuals** to become knowledgeable of their rights as a Black person in need of maternal care. It also serves as guidance to engage hospitals, health providers, government health agencies and others to change/improve their ethics, policies, and delivery approach to serving Black women and persons throughout the birthing process

- 1.** I have the right to be listened to and heard.
- 2.** I have the right to have my humanity recognized and acknowledged.
- 3.** I have the right to be respected and to receive respectful care.
- 4.** I have the right to be believed and acknowledged that my experiences are valid.
- 5.** I have the right to be informed of all available options for pain relief.
- 6.** I have the right to choose how I want to nourish my child and to have my choice be supported.
- 7.** I have the right to early postpartum visits and individualized postpartum care.
- 8.** I have the right to restorative justice and mediation to address obstetric violence, neglect, or other injustices.
- 9.** I have the right to choose the family and friends that are present during my pregnancy, birth and postpartum care.
- 10.** I have the right to receive accurate information that will allow me to give informed consent or refusal.



**NATIONAL ASSOCIATION TO  
ADVANCE BLACK BIRTH**

