

# **BLACK MEN & FATHERS!** **YOU'RE INVITED TO THE BLACK MATERNAL HEALTH WEEK CELEBRATION & HEALTH FAIR**



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## **NEWBORN CARE TIPS**

Covering topics like  
supporting breastfeeding,  
Safer Sleep and more

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## **CONVERSATIONS**

Guided conversations of  
**Affirmation, Love and  
Support** for Black Men

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## **GIVEAWAYS & TACOS!**

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**JOIN US!**  
**APRIL 15, 2023**  
**11 AM-3 PM**

**2201 CALAVERAS ST**  
**FRESNO, 93721**

**RSVP: [bit.ly/bmhw2023](https://bit.ly/bmhw2023)**



**BLACK**  
BELONGING. LOVE. AFFINITY. COMMUNITY. KINSHIP.  
WELLNESS & PROSPERITY CENTER

# COMMUNITY CELEBRATION & HEALTH FAIR!

**BLACK MATERNAL HEALTH WEEK 2023**

**APRIL 15,  
2023  
11 AM-  
3:00 PM**

**2201 CALAVERAS  
ST FRESNO, 93721**

A progressive style health fair that takes you from health screenings to self-care & celebration. Join us as we celebrate **BLACK JOY!**



**RSVP!**

LET US KNOW YOU'LL BE THERE!  
[blackwpc.org/bmhw2023](https://blackwpc.org/bmhw2023)

## **HEALTH SCREENINGS**

COVID TESTING & VACCINES  
BLOOD PRESSURE CHECKS

## **MATERNAL & INFANT HEALTH EDUCATION**

SAFER SLEEP  
GESTATIONAL DIABETES & ANEMIA  
BREASTFEEDING  
NUTRITION  
& MORE

## **BLACK FATHERHOOD BOOTCAMP**

MENTAL HEALTH/SELF-CARE SUPPORT  
FOR BLACK MEN

## **SELF-CARE & YOGA**

SKINCARE  
YOGA SESSIONS

## **GIVEAWAYS!**

PLAY PEN & DIAPER BAGS  
MATERNAL HEALTH BAGS

**ALL YOU  
CAN EAT  
TACOS!**